

Tim Carroll

From: Valerie Sonnenthal <vsennenthal@gmail.com>
Sent: Tuesday, June 30, 2015 10:51 AM
To: Tim Carroll
Cc: ddeblase@chilmarkma.gov
Subject: July 7 Selectman Meeting

----- Forwarded message -----

From: **Valerie sonnenthal** <vsennenthal@gmail.com>
Date: Mon, Jun 22, 2015 at 10:11 AM
Subject: CCC Rental for September 2016
To: "jonathanmayhew@ymail.com" <jonathanmayhew@ymail.com>, "warrendoty@verizon.net
billrossimv@gmail.com" <billrossimv@gmail.com>
Cc: "ddeblase@chilmarkma.gov" <ddeblase@chilmarkma.gov>

Valerie Sonnenthal
Peaked Hill Studio
Chilmark, MA

Selectmen Chair Jonathan Mayhew
Selectman Warren Doty
Selectman William Rossi
Chilmark Town Hall
Chilmark, MA 02535
Dear Tim,

Can you please add me to the July 7 Selectman meeting to find out whether I can rent the CCC for the 2 requests in the attached email sent on June 21, 2015.

Many thanks,
Valerie

June 21, 2015

Dear Selectmen,

I would like to rent the Chilmark Community Center for two weekends in September 2016. The first weekend (9/9 - 9/11/16) would be for the 4th Annual Gyrokinesis Weekend Workshop with Authorized Master Trainer Billy Macagnone from New York City who will be returning for his 3rd time teaching in September 2015.

This year I have had the good fortune to study three times with Liz Koch, author of The Psoas Book (30 years ago) and creator of Core Awareness. She is an excellent teacher and facilitator and I would like to bring her to our Island to teach (9/16 - 9/18/16) an 18-hour in-depth Psoas Workshop over three days. Liz explains the function of the Psoas, teaches exercises for relaxing the Psoas and offers exploratory work to go deeper in our own personal understanding of our bodies. She teaches both nationally and internationally and has been on the forefront of pro-active alternative healing for many years.

Here is the link for more information on the workshop: <http://www.coreawareness.com/workshops/18-hr-psoas-depths-oslo-2015/>.

Thank you for your consideration,
Valerie

Sent from my iPad

Valerie Sonnenthal

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